

## BIG emotions...LITTLE people!



We as adults have found the past few months worrying, stressful and scary. Imagine how this has all impacted our three, four and five year olds! We would love to help and support you make the time that comes after 'Covid - 19' as calm, fruitful and happy as we can make it.

We can offer you help in the way of :

- **A transition toolkit** : Never has effective transition been more important. Most children will not be ready just to 'pick up where they left off', let alone be ready to tackle what is expected of them in their new year group. We can help you to give careful consideration into your provision and your environment.
- **'Wonder Eases Worry'** (Mental Health and Wellbeing) : With all the necessary restrictions on how much time our children have been allowed outdoors, how they have seen the adults around them deal with the pandemic, how their whole routines have been 'turned upside down' - we must prepare for the impact all this will have on our children's emotional wellbeing. Settings will need to offer better support for the mental health of their children as an absolute priority. We can support you by showing how a wonder filled environment, filled with both items of curiosity but also familiar, homely objects and furniture can really ease their anxieties.